

BREDA MURPHY

DELICATESSEN

Eat in Menu

Healthy All 4.00

Creamy, slow cooked porridge and maple syrup (NGF) Served till 11am

Tropical chai pudding (GF,DF,SP)

Red-berry coconut chai Bircher style 'overnight oats' (NGF,DF,VE)

Greek yogurt with honey, apple & prune compote & flax seeds (GF)

Hearty All 5.75

Bacon and tomato chutney sandwich

Bacon, sausage and tomato chutney sandwich

Continental

Bacon, brie and cranberry filled croissant 5.75

Red onion, mushroom and sun dried tomato filled croissant 5.75 (V)

Apple French toast with maple syrup and crème fraiche 6.25

Soup of the day with homemade bread 5.00 (Served from 11am)

Tartine of the day, served warm with a salad of your choice 6.50

Quiche of the day served warm with a salad of your choice 7.00

Closed sandwiches

on white or granary with pickled cucumber and dressed leaves

Butter roast turkey 6.50

Honey roast ham 6.50

Smoked salmon wrap 6.75

Roast Bowland beef 6.75

Hot panini All 6.75

Salami, sun-blushed tomato, rocket and brie

Goat's cheese, roast pepper, basil pesto and spinach

Tuna balsamic and Lancashire cheese melt

Cakes

Dark chocolate, cherry and almond granola bars 2.50

Irish tea brack slice with butter 2.90

Fruit scone with jam and butter 3.10

See our deli counter for Rebecca's ever changing cakes

Dietary requirements key

GF Gluten free

DF Dairy free

VE Vegan

V Vegetarian

SP Super food

NGF Naturally gluten free, but oats not processed in gluten free factory

Please ask a member of staff for further information regarding food allergies and intolerances.

Birchall speciality teas 3.00 each

Birchall award-winning speciality and everyday black teas are sourced exclusively from estates across East Africa. Their pursuit of quality ensures all the leaves are only ever hand-picked from tea bushes grown at high-altitude in volcanic soil and ideal conditions. The result is a cup of tea that is bright, delicious and bursting with full flavour.

Earl Grey

Famously fragrant, Earl Grey is a classic British afternoon tea choice and our Virunga Earl Grey combines the bright, rich flavour of East Africa's finest tea with blue cornflowers and the enduring aromatic appeal of bergamot. Can be taken with or without milk.

Jasmine

Birchall Jasmine Tea Pearls combine the mild sweetness of Chinese green tea with the soft floral notes of jasmine flowers. Once steeped, these delicate pearl-shaped treasures unfurl to release the intoxicating fragrance of jasmine blossoms and a pale, light bodied liquor that can be enjoyed throughout the day.

Camomile

Birchall Camomile is a classic herbal tea made from the scented flowers and leaves of the wild camomile plant. Camomile has long been prized for its relaxing qualities and is believed to restore natural balance by aiding digestion and promoting sleep. A single cup of our smooth and soothing herb infusion helps you unwind, making it perfect in the evening just before bedtime.

Peppermint

Birchall Peppermint is a classic herbal tea made from only the finest pure peppermint leaves, Peppermint is traditionally acknowledged to aid digestion and our luxurious single mint infusion is entirely caffeine free, making it perfect as an after-dinner digestif or as a late evening refreshment.

Chai

Virunga Chai infuses the brightness and vitality of supreme African black tea with an eclectic blend of herbs and spices that includes cinnamon, ginger and red rooibos from South Africa. The unique result is a vibrant and uplifting blend that will soothe and satisfy throughout the day, taken with or without hot milk.

Green Tea

Birchall Green Tea is a pure green tea sourced from China where the very best teas of this variety are to be found. For centuries these teas have been revered across the Far East for their therapeutic properties. They are a rich, natural source of anti-oxidants, which are known to cleanse, detoxify and restore natural balance.

Red Berry & Flower

Birchall Red Berry and Flower is a luxuriously smooth blend of sweet red berries and refreshing hibiscus. This full flavoured red fruit tea is a plentiful source of anti-oxidants and is naturally caffeine free, so you can enjoy it at any time of day.

Lemongrass & Ginger

Birchall Lemongrass and Ginger is a warming herbal tea made with pure lemongrass and spicy ginger pieces. The renowned digestive benefits of ginger root and the soothing properties of lemongrass combine perfectly in this delightful infusion to elevate your mood and revive you anytime you need a boost.

Great Rift Decaffeinated

Birchall Great Rift Decaf is a decaffeinated breakfast tea with an exceptionally bright, golden liquor and strong refreshing taste. In order to produce a cup of tea that is caffeine free, but bright and full of flavour, we expertly pick the finest tea leaves from estates across East Africa and the Great Rift Valley and then carefully decaffeinate them. Best served with milk.

Hot drinks

Bewleys Irish Breakfast Tea

An invigorating blend of Assam and Darjeeling 2.50

We have our own special blend coffee, hand roasted and mixed to produce a perfect coffee every time

Coffee

House coffee served with or without milk regular 1.95 large 2.95

Flat White

Black coffee with velvety smooth hot milk 2.60

Latte

Shot of espresso topped with steamed milk 2.90

Cappuccino

Double espresso with milk and smooth foam topped with chocolate regular 2.55 large 2.90

Espresso

Small hit of coffee regular 1.95 large 2.95

Americano

Shot of espresso served with water for a longer black coffee 2.40

Mocha

Espresso, hot milk and a shot of hot chocolate 3.30

Cafetière for two people 4.75

Cafetière for four people 8.90

Creamy Hot Chocolate 3.00 add marshmallows 30p

Liqueur Coffee with your choice of spirit 5.00

Syrup Enhance your coffee with a flavoured syrup 65p

Decaffeinated available

Cold drinks

Franklin and Sons fine quality British cold beverages

Dandelion and burdock 2.75

Apple and Yorkshire rhubarb 2.75

Strawberry and raspberry 2.75

Luscombe crafted soft drinks from Devon

English apple 3.00

Organic orange 3.00

Fevertree natural ingredients, delightful on there own over ice

Tonic 2.50 Tonic light 2.50

Sicilian lemonade 2.50

Soda water 2.50

Belvoir own farmed fruit with spring water to make great presses

Elderflower presse 2.95

Cranberry presse 2.95

Mr Fitzpatrick's cordials made from the finest natural ingredients served with either sparkling, still, tonic or soda water

Rhubarb and rosehip 2.95

Liquorice and blackcurrant 2.95

Lemon and ginger 2.95

Mawsons no artificial sweeteners or colours. Pink lemonade 3.00

Bundaberg craft brewed premium soft drinks

Ginger beer 3.10

Lemon and lime 3.10

Keld is a ancient Viking word for spring, this pure water

filtered through the limestone of the Yorkshire wolds

Small still or sparkling water 1.95

Large still or sparkling water 3.20

Alcoholic drinks

Sparkling Wine Glass Bottle

Charles Pelletier 'Cuvee Rose' Grande Reserve 6.00 25.00

Pelletier is made by the renowned Crémant de Bourgogne house of Veuve-Ambal that dates back to 1898. A delightfully elegant Rose exhibiting succulent red fruits, refreshing acidity and a lingering palate. A lovely aperitif.

Whites Wine 125ml 175ml Bottle

Villarrica Sauvignon Blanc 2016, Maule Valley, Chile 4.00 5.50 19.50

Villarrica Sauvignon Blanc is fresh, displaying perfumed citrus and tropical fruit characters. There are hints of grapefruit and elderflower on the palate with a lively and vibrant finish. A lovely example of Sauvignon.

Villiera Chenin Blanc 2015, Stellenbosch, S. Africa 5.00 7.00 24.00

Owned by the Grier family, Villiera is a 180 hectare estate started in 1983. An absolutely delicious Chenin exhibiting intense stone fruit with honey and hints of wood spice on the nose. The rich, rounded palate reveals pineapple, guava and citrus fruits, is beautifully balanced with a very long finish.

Rosé Wine

Sugarbird White Zinfandel 2016, California 4.00 5.50 17.50

Jam packed with ripe strawberries, juicy kiwi fruit and watermelons. A lingering finish is reminiscent of nectarines. Sugarbird is mouth-filling aperitif for those that prefer a sweeter style of Rosé.

Red Wine

Villarrica Merlot 2015, Curico Valley, Chile 4.00 5.50 19.50

Red purple colour with sweet aromas of ripe black cherries and plums. Soft and silky on the palate, where blackberry flavours & hints of pepper support a lovely elegant finish.

Santa Macarena Pinot Noir,

Espinos y Cardos, Chile, 2015 5.00 7.00 24.50

A single vineyard Pinot Noir from one of the coolest climate, coastal vineyards in Chile, San Antonio. Bright, and fresh with red fruits, floral notes well supported by subtle oak. The emphasis is on drinkability and enjoyment. A seriously cool Pinot.

Beers, cider and spirits also available