

Lunchtime Takeout Menu

Eat in. Take out. Your event.

You choose how you'd like to taste our delicious, natural & seasonal deli food.

Healthy

Creamy, slow cooked porridge and maple syrup (NGF) 2.95
Tropical chai pudding (GF/DF/SP/VE) 2.95
Red-berry coconut chai Bircher style 'overnight oats' (NGF/DF/VE) 2.95
Greek yogurt with honey, apple & prune compote & flax seeds (GF) 2.50

Hearty

Bacon and tomato chutney sandwich 3.95
Bacon, sausage and tomato chutney sandwich 4.25

Continental

Bacon, brie and cranberry filled croissant 3.95
Red onion, mushroom and sundried tomato filled croissant 3.95 (V)
Apple French toast with maple syrup and crème fraiche 4.25

Soup of the day 2.50 with bread 3.00

Tartine of the day 2.35 served warm with a salad of your choice 3.95

Quiche of the day 2.75 served warm with a salad of your choice 4.50

Closed sandwiches

on white or granary with pickled cucumber and dressed leaves Butter roast turkey 3.20, Honey roast ham 3.20 Smoked salmon wrap 3.50, Roast Bowland beef 3.50

Salad box

Small salad box: 2 of our weekly changing salads from the counter 4.50
Regular salad box: 3 of our weekly changing salads from the counter 5.50
Topped with butter roast turkey, smoked salmon or Lancashire cheese add 1.10

Hot panini

Salami, sun-blushed tomato, rocket & brie 4.25
Goat's cheese, roast pepper, basil pesto and spinach 4.25
Tuna balsamic & Lancashire cheese melt 4.25

Cakes

Dark chocolate, cherry & almond granola bars 1.45
Irish tea brack slice 1.35 with butter 1.85
Fruit scone 1.65
See our counter for ever changing cakes

Drinks

Coffee 2.20	Cappuccino 2.00
Latte 2.20	Moche 2.65
Hot Chocolate 2.50	with marshmallows 2.80
Breakfast Tea 2.00	Birchall Teas 2.30
Franklin & Sons 2.60	Luscombe 2.90
Keld Water 330ml 1.95	Bunderberg 3.00
Coke 1.95	

DIETARY REQUIREMENTS KEY

GF-Gluten free DF-Dairy free VE-Vegan V-Vegetarian SP-Super food NGF-Naturally gluten free, but oats not processed in gluten free factory
Please ask a member of staff for further information regarding food allergies and intolerances.